

Music at Palmers Green

The church has an excellent organ and two very gifted organists who accompany hymns, most often from 'Rejoice and Sing'.

Refreshments

Participants should bring a packed lunch. Tea and coffee will be available on arrival and at breaks throughout the day.

Cost

£10 for Supporter Members of URC Music Network

£12.50 for others

Travel & Parking

By road: the church lies about 6 miles south of J24 of the M25. Further information is available at <https://palmersgreenurc.org.uk/location/>

There is limited parking in nearby roads.

By train: There is a regular service to Palmers Green north-bound from London King's Cross or south-bound from Stevenage via the Hertford North line. The church is about 5-10 minutes walk from the station. Turn right out of the station and then right again into Old Park Road. Follow this until you reach Fox Lane and the church is ahead of you.

There is ramped access to the church and a hearing loop.

What is the URC Music Network?

The URC MN connects worship leaders and music makers throughout the United Reformed Church. We would like to involve more people in the URC Music Network whether as musicians, hymn writers or worship leaders - or just those interested in music in worship. We are a group in which those involved in the URC - and beyond - can find a place to share stories, resources, and activities, all to enhance the Christian worship we can offer to the glory of God.

<https://urcmusic.org.uk>

Honorary President:
The Reverend Alan Gaunt
Patrons:
The Moderators of General
Assembly



Music Celebration Day 2019



Palmers Green United Reformed Church
Fox Lane, Palmers Green, North London N13 4AL

Saturday 5th October
Music for our Well-being

Introduction

The aim of this year's annual music day is to discover how music can help bring joy and relief beyond the spiritual refreshment we should all feel during our Christian worship. Our three workshops will help us understand more about how music can heal as well as inspire and provide opportunities for sharing experience and musical gifts. We will explore the place of singing and music in supporting people living with dementia, their families and carers.

We invite you to come and join us.

Programme

9.45-10.15 Arrival, Registration & Coffee

10.15 Welcome & Opening Worship

10.45 *Workshop 1 - 'Singing from our Silence' with Jennifer Kavanagh*

12.15 Lunch

1.15 AGM

2.00 *Workshop 2 - 'A Musical Brain Work-out' with David Tims*

2.45 Break

3.00 *Workshop 3 - 'Do hymns do you good?' with Anne Sardeson*

3.45 Closing Worship

4.15 Depart

History of Worship at Palmers Green

The church at Palmers Green was founded in 1907 as a Congregational Church. Membership grew steadily during the first half of the 20th century and following the union of the Congregational and Presbyterian churches in 1972, the church joined with St George's, also in Fox Lane. Today, Palmers Green is a joint pastorate with churches at Winchmore Hill and Ponders End, Enfield within the Thames North Synod.

Workshop Leaders

Jennifer Kavanagh

Jennifer is a Quaker, retreat leader and speaker and writer on the Spirit-led life. She is also a trained singer. Music is central to her life if not to her (largely silent) Quaker worship!

David Tims

David has been running 'Singing for the Brain' sessions for the Alzheimer's Society for 6 years and is also a musical director. He also works for a charity in South Africa taking music and Arts education into schools. He'll get us doing a musical brain workout to help us understand more about how music impacts on our wellbeing, and he won't use any lyrics!

Anne Sardeson

Anne is a minister in the URC, currently serving as Training Officer in Thames North Synod. She is a hymn writer and composer who contributed to and assisted in the editing of the hymn book "Hymns for Healing" (Stainer and Bell 2017). Anne also regularly contributes to the websites Worship Live and Singing the Faith. Anne recently trained as a spiritual director and was drawn to the writings of Teresa of Avila. She will look at some of the new and old hymns that we can sing to help us consider the part hymns play in our spiritual and emotional wellbeing.